

**California Adopted Textbook Alignment
to Exercise Your Options**

Subject: Language Arts

Grade: 6

Textbook: *Holt Literature and Language Arts: Introductory Course*

Publisher: Holt, Rinehart and Winston

Each of the Grade 6 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Holt Literature and Language Arts: Introductory Course*. Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Holt Literature and Language Arts: Introductory Course Copyright © 2003, Holt, Rinehart and Winston										
Chapter 1: Structures: Building Blocks of Meaning	Reading Skills <ul style="list-style-type: none"> • Make inferences • Compare and contrast • Use context clues 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> • Use and understand the purpose of structural features (e.g., boxed text, boldface terms, illustrations) to obtain information • Read informational materials delivered on websites [Aligns to links on the program CD-ROM.] 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 2: Characters: The People You'll Meet	Reading Skills <ul style="list-style-type: none"> • Make inferences • Express opinions • Retell or summarize • Compare and contrast 	•	•	•	•	•	•	•	•	•

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	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Clarify an understanding of texts by making mental or written notes, creating outlines, summaries or reports 		•	•			•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Follow oral instructions and directions 	•	•	•	•	•	•	•	•	•
Chapter 3: The Heart of the Matter: Themes and Conclusions	Reading Skills <ul style="list-style-type: none"> Make inferences Compare and contrast Use context clues Make generalizations 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Evaluate conclusions of instructional materials Distinguish between fact and opinion 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 4: Forms and Patterns: Stories and Explanations	Reading Skills <ul style="list-style-type: none"> Compare and contrast Make inferences 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Analyze text that uses a compare-and-contrast organizational pattern 	•		•	•		•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What’s For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Chapter 5: Biography and Autobiograp hy: Looking at Lives	Reading Skills • Use context clues • Find main ideas • Sequence information • Make generalizations	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials • Connect main ideas by identifying their relationships to other sources and related topics	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Give and evaluate a research presentation			•						
Chapter 6: Looking at Texts: Uses of the Imagination	Reading Skills • Use prior knowledge • Understand text features • Make inferences • Evaluate information	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
Chapter 7: Rhyme and Reason	Reading Skills • Interpret information • Make inferences	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Give and listen to a problem-solution explanation								•	
Chapter 8: You the	Reading Skills • Make inferences	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What’s For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Critic	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Workshop 1: Narration	Writing <ul style="list-style-type: none"> Choose the form of writing that best suits the intended purpose 	•	•	•		•	•	•	•	•
Workshop 2: Exposition	Writing <ul style="list-style-type: none"> Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver informative presentations 			•					•	
Workshop 3: Response to Literature	Writing <ul style="list-style-type: none"> Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•
Workshop 4: Research	Listening and Speaking <ul style="list-style-type: none"> Deliver informative presentations 			•					•	
Workshop 6: Learning About Paragraphs	Writing <ul style="list-style-type: none"> Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•
Mini Workshop 5	Writing <ul style="list-style-type: none"> Write a short personal narrative 									•
Mini Workshop 6	Writing <ul style="list-style-type: none"> Write a problem-solution 								•	
Mini Workshop 7	Listening and Speaking <ul style="list-style-type: none"> Give and listen to a problem-solution presentation 								•	

**California Adopted Textbook Alignment
to Exercise Your Options**

Subject: Language Arts

Grade: 6

Textbook: *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Copper Level)

Publisher: Pearson Education

Each of the Grade 6 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Copper Level). Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Prentice Hall Literature: Timeless Voices, Timeless Themes (Copper Level) Copyright © 2002, Pearson Education, Inc.										
Unit 1: Growing and Changing	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Deliver presentations on problems and solutions								•	
Unit 2: Reaching Out	Reading Comprehension • Connect main ideas by identifying their relationships to other sources and related topics	•	•	•	•	•	•	•	•	•
	Writing • Expository writing: descriptions, explanations and/or problems and solutions	•	•	•		•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Identify persuasive and propaganda techniques used in advertising; identify misleading information	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Unit 3: Proving Yourself	Reading Comprehension • Analyze causes and effects	•	•	•	•	•	•	•	•	•
	Writing • Choose a form of writing that best suits its intended purpose • Expository writing: descriptions, explanations and/or problems and solutions	•	•	•		•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Deliver informative presentations • Deliver presentations on problems and solutions			•					•	
Unit 4: Seeing It Through	Reading Comprehension • Connect main ideas by identifying their relationships to other sources and related topics	•	•	•	•	•	•	•	•	•
	Writing • Choose a form of writing that best suits its intended purpose	•	•	•		•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
	Listening and Speaking • Identify persuasive and propaganda techniques used in advertising; identify misleading information	•	•	•	•	•	•	•	•	•
Unit 5: Mysterious Worlds	Writing • Choose a form of writing that best suits its intended purpose • Expository writing: descriptions, explanations and/or problems and solutions	•	•	•		•	•	•	•	•

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	<p>Written and Oral Language</p> <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	<p>Listening and Speaking</p> <ul style="list-style-type: none"> Identify persuasive and propaganda techniques used in advertising; identify misleading information 	•	•	•	•	•	•	•	•	•
Unit 6: Short Stories	<p>Writing</p> <ul style="list-style-type: none"> Choose a form of writing that best suits its intended purpose Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•
	<p>Written and Oral Language</p> <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	<p>Listening and Speaking</p> <ul style="list-style-type: none"> Identify persuasive and propaganda techniques used in advertising; identify misleading information 	•	•	•	•	•	•	•	•	•
Unit 7: Nonfiction	<p>Reading</p> <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics Clarify an understanding of texts by making mental or written notes, creating outlines, summaries or reports 	•	•	•	•	•	•	•	•	•
	<p>Writing</p> <ul style="list-style-type: none"> Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•

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	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver informative presentations Deliver presentations on problems and solutions 			•					•	
Unit 8: Drama	Reading Comprehension <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics Clarify an understanding of texts by making mental or written notes, creating outlines, summaries or reports 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 9: Poetry	Reading Comprehension <ul style="list-style-type: none"> Analyze text that uses a compare-and-contrast organizational pattern Clarify an understanding of texts by making mental or written notes, creating outlines, summaries or reports 	•	•		•		•	•	•	•
	Writing <ul style="list-style-type: none"> Expository writing: descriptions, explanations and/or problems and solutions 	•	•	•		•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 6 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Listening and Speaking <ul style="list-style-type: none"> Identify persuasive and propaganda techniques used in advertising; identify misleading information 	•	•	•	•	•	•	•	•	•
Unit 10: The Oral Tradition	Reading Comprehension <ul style="list-style-type: none"> Analyze text that uses a compare-and-contrast organizational pattern Connect main ideas by identifying their relationships to other sources and related topics Clarify an understanding of texts by making mental or written notes, creating outlines, summaries or reports View and evaluate content on websites, based on the reliability and authority of the source [Aligns to links on program CD-ROM.] 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 6. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver informative presentations 			•						

**California Adopted Textbook Alignment
to Exercise Your Options**

Subject: Language Arts

Grade: 7

Textbook: *Holt Literature and Language Arts: First Course*

Publisher: Holt, Rinehart and Winston

Each of the Grade 7 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Holt Literature and Language Arts: First Course*. Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Holt Literature and Language Arts: First Course Copyright © 2003, Holt, Rinehart and Winston										
Chapter 1: Structures: Clarifying Meaning	Reading Skills <ul style="list-style-type: none"> • Draw conclusions • Make inferences • Express opinions • Compare and contrast 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> • Use and understand the purpose of structural features (e.g., illustrations and photographs, boxed text, boldface terms, directions in numbered steps) to obtain information 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 2: Characters: Living Many Lives	Reading Skills <ul style="list-style-type: none"> • Make inferences • Express opinions • Compare and contrast 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> • Analyze text that uses a compare-and-contrast organizational pattern • Distinguish fact from opinion 	•		•	•		•	•	•	•

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 3: Themes Across Time	Reading Skills <ul style="list-style-type: none"> Make inferences Distinguish fact from opinion 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Identify and analyze a cause-and-effect organizational pattern. 								•	
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 4: Point of View: Who's Talking	Reading Skills <ul style="list-style-type: none"> Draw conclusions Make inferences Compare and contrast Identify main ideas Distinguish fact from opinion 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 5: Worlds of Word: Prose and Poetry	Reading Skills <ul style="list-style-type: none"> Compare and contrast Draw conclusions Make generalizations Recognize cause and effect Distinguish fact from opinion 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Chapter 6: Where I Stand: Literary Criticism	Reading Skills <ul style="list-style-type: none"> • Make inferences • Compare and contrast • Draw conclusions • Express opinions 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 7: Reading for Life	Reading Comprehension: Information Materials <ul style="list-style-type: none"> • Locate information • Follow directions 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Workshop 2: Response to Literature	Listening and Speaking <ul style="list-style-type: none"> • Give and listen to an oral summary 			•					•	
Workshop 4: Research	Listening and Speaking <ul style="list-style-type: none"> • Give and listen to an informative presentation 			•						
Workshop 5: Writing to Learn	Writing <ul style="list-style-type: none"> • Write a summary 		•							

**California Adopted Textbook Alignment
to Exercise Your Options**

Subject: Language Arts

Grade: 7

Textbook: *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Bronze Level)

Publisher: Pearson Education

Each of the Grade 7 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Bronze Level). Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Prentice Hall Literature: Timeless Voices, Timeless Themes (Bronze Level) Copyright © 2002, Pearson Education, Inc.										
Unit 1: Independence and Identity	Reading Comprehension	•	•	•	•	•	•	•	•	•
	Writing	•	•	•		•	•	•	•	•
	Written and Oral Language	•	•	•	•	•	•	•	•	•
Unit 2: Common Threads	Writing	•	•	•		•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 3: What Matters	Reading Comprehension <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics Identify and analyze a cause-and-effect organizational pattern 	•	•	•	•	•	•	•	•	•
	Writing <ul style="list-style-type: none"> Create an organizational structure that uses effective transitions between sentences to unify main ideas Support ideas with facts, descriptions and examples 	•	•	•		•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 4: Meeting Challenges	Reading Comprehension <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 5: Just for Fun	Reading Comprehension <ul style="list-style-type: none"> Identify and analyze a cause-and-effect organizational pattern 								•	

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	Writing <ul style="list-style-type: none"> • Create an organizational structure that uses effective transitions between sentences to unify main ideas • Support ideas with facts, descriptions and examples 	•	•	•		•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> • Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 6: Short Story	Writing <ul style="list-style-type: none"> • Write a summary after reading informational materials 		•							
	Written and Oral Language <ul style="list-style-type: none"> • Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> • Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 7: Nonfiction	Reading Comprehension <ul style="list-style-type: none"> • Connect main ideas by identifying their relationships to other sources and related topics • Take mental or written notes; create outlines or summaries to help clarify an understanding of informational materials 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 8: Drama	Reading Comprehension <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics Take mental or written notes; create outlines or summaries to help clarify an understanding of informational materials 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 9: Poetry	Reading Comprehension <ul style="list-style-type: none"> Identify and analyze a cause-and-effect organizational pattern Take mental or written notes; create outlines or summaries to help clarify an understanding of informational materials 		•	•			•	•	•	•
	Writing <ul style="list-style-type: none"> Create an organizational structure that uses effective transitions between sentences to unify main ideas Support ideas with facts, descriptions and examples 	•	•	•		•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 7 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What’s For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	<p>Written and Oral Language</p> <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	<p>Listening and Speaking</p> <ul style="list-style-type: none"> Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 10: Legends, Folk Tales and Myths	<p>Reading Comprehension</p> <ul style="list-style-type: none"> Connect main ideas by identifying their relationships to other sources and related topics Identify and analyze a cause-and-effect organizational pattern Take mental or written notes; create outlines or summaries to help clarify an understanding of informational materials 	•	•	•	•	•	•	•	•	•
	<p>Written and Oral Language</p> <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 7. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

California Adopted Textbook Alignment to Exercise Your Options

Subject: Language Arts

Grade: 8

Textbook: *Holt Literature and Language Arts: Second Course*

Publisher: Holt, Rinehart and Winston

Each of the Grade 8 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Holt Literature and Language Arts: Second Course*. Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Holt Literature and Language Arts: Second Course Copyright © 2003, Holt, Rinehart and Winston										
Chapter 1: Structures: Patterns of Meaning	Reading Skills • Make inferences • Use context clues • Find details • Express opinions • Draw conclusions	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials • Learn from text that uses proposition and support patterns • Build background knowledge	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
Chapter 2: Characters: Doing the Right Thing	Reading Skills • Make inferences • Summarize and paraphrase • Determine main idea • Draw conclusions	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials • Analyze text that uses a compare-and-contrast organizational pattern	•		•	•		•	•	•	•

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 3: Being There: Setting	Reading Skills <ul style="list-style-type: none"> Make inferences Analyze cause and effect Express opinions Determine main idea Draw conclusions 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Analyze text that uses a compare-and-contrast organizational pattern Build background knowledge Identify cause-and-effect patterns Make generalizations 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Chapter 4: We Still Believe	Reading Skills <ul style="list-style-type: none"> Find details Make inferences Identify cause and effect Draw conclusions Build background 	•	•	•	•	•	•	•	•	•
	Reading Comprehension: Informational Materials <ul style="list-style-type: none"> Analyze text that uses a compare-and-contrast organizational pattern Connect and clarify main ideas Create mental or written notes or outlines 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Chapter 5: Imagine That! Literary Devices	Reading Skills • Make inferences • Make judgments • Draw conclusions	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
Chapter 6: Sound and Sense: Forms of Poetry	Reading Skills • Make inferences • Express opinions	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
Chapter 7: Literary Criticism: The Person Behind the Text	Reading Skills • Make inferences • Ask questions • Identify cause and effect	•	•	•	•	•	•	•	•	•
	Written and Oral Language • Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation.	•	•	•	•	•	•	•	•	•
Workshop 1: Narration	Writing • Write a short personal narrative								•	•
	Listening and Speaking • Tell and listen to a true personal story								•	•
Workshop 4: Writing a Research Report	Listening and Speaking • Give and listen to a research presentation			•						
Mini Workshop 1	Writing • Write a short description	•	•	•		•	•	•	•	•

**California Adopted Textbook Alignment
to Exercise Your Options**

Subject: Language Arts

Grade: 8

Textbook: *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Silver Level)

Publisher: Pearson Education

Each of the Grade 8 *Exercise Your Options* program lessons is aligned to the core objectives and skills of *Prentice Hall Literature: Timeless Voices, Timeless Themes* (Silver Level). Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Prentice Hall Literature: Timeless Voices, Timeless Themes (Silver Level) Copyright © 2002, Pearson Education, Inc.										
Unit 1: Coming of Age	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials 	•	•	•	•	•	•	•	•	•
	Writing <ul style="list-style-type: none"> Write a description or explanation that establishes a controlling impression, has a coherent thesis and ends with a clear and well-supported conclusion 	•	•	•		•			•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 2: Meeting Challenges	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials 	•	•	•	•	•	•	•	•	•
	Writing <ul style="list-style-type: none"> Write a description or explanation that establishes a controlling impression, has a coherent thesis and ends with a clear and well-supported conclusion 	•	•	•		•			•	•

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 3: Quest for Justice	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials. Recognize the importance of reading directions in instructional materials. 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 4: From Sea to Shining Sea	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials Use information from a variety of sources in order to explain a situation or to solve a problem 	•	•	•	•	•	•	•	•	•
	Writing <ul style="list-style-type: none"> Write a description or explanation that establishes a controlling impression, has a coherent thesis and ends with a clear and well-supported conclusion 	•	•	•		•			•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
Unit 5: Extraordinary Occurrences	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What’s For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver research presentations Respond to audience feedback, including verbal and nonverbal cues 			•						
Unit 6: Short Stories	Reading Comprehension <ul style="list-style-type: none"> Use information from a variety of sources in order to explain a situation or to solve a problem 				•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver oral summaries and presentations of information gleaned from articles, books and other sources 			•					•	
Unit 7: Nonfiction	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials Read informational material to identify connections among causes and effects Use information from a variety of sources in order to explain a situation or to solve a problem 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
	Listening and Speaking <ul style="list-style-type: none"> Deliver research presentations Respond to audience feedback, including verbal and nonverbal cues 			•						
Unit 8: Drama	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver research presentations Respond to audience feedback, including verbal and nonverbal cues 			•						
Unit 9: Poetry	Reading Comprehension <ul style="list-style-type: none"> Compare and contrast information and organization of ideas in instructional materials Recognize the importance of reading directions in instructional materials Read informational material to identify connections among causes and effects Use information from a variety of sources in order to explain a situation or to solve a problem 	•	•	•	•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver research presentations Respond to audience feedback, including verbal and nonverbal cues 			•						

EXERCISE YOUR OPTIONS GRADE 8 STUDENT ACTIVITIES		Lesson 1: Options, Choices, Decisions	Lesson 2 (Part 1): Food Group Experts	Lesson 2 (Part 2): Food Group Experts	Lesson 3: Lunch at the Mall	Lesson 4: What's For Breakfast	Lesson 5: Food Records	Lesson 6: Get Moving!	Lesson 7: Road- block Busters	Lesson 8: A Brand New Day
Unit 10: The American Folk Tradition	Reading Comprehension <ul style="list-style-type: none"> Use information from a variety of sources in order to explain a situation or to solve a problem 				•	•	•	•	•	•
	Written and Oral Language <ul style="list-style-type: none"> Write and speak with a command of standard English conventions appropriate for grade 8. This includes sentence structure, grammar, spelling and punctuation. 	•	•	•	•	•	•	•	•	•
	Listening and Speaking <ul style="list-style-type: none"> Deliver research presentations Respond to audience feedback, including verbal and nonverbal cues 			•						